

Rustan's THE BEAUTY SOURCE

SPRING-SUMMER 2018 VOL. 1

FEATURING LAURA MERCIER X SUKI WATERHOUSE

SWEET SURRENDER

Laura Mercier Muse Suki Waterhouse
wears the hues of summer

TRENDS
Big makeup looks
of the season

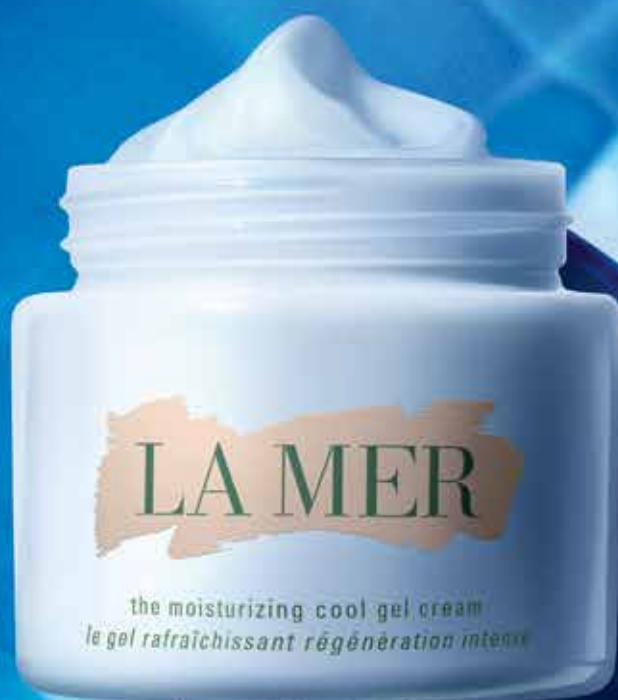
PICKS
Beauty tips and tricks
to learn this summer

GROOMING
Miko delos Reyes
on skincare, scents,
and men's hairstyles

A NEW WAVE OF COOL

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RUSTAN'S THE BEAUTY SOURCE

SPRING-
SUMMER
2018

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EDITOR'S NOTE

SELF LOVE comes in all shapes, sizes, and shades. It is the common thread that sewed our stories together for this issue.

The empowered women featured this season (see *In The Bag*, page 26), inspire us to pursue our passions. Their stories reveal the importance of caring for one's self, whether through exercise, a healthy diet, or a tried-and-tested beauty regimen. It can also come in the form of allowing one's self the freedom to wear new and bright colors (see *High Definition Summer*, page 18).

In discovering more about this concept of self-love, we explored the many ways it can be manifested in our daily lives. Treat yourself this season with a good night's rest, engage in a preventive ageing treatment, or splurge on a deep cleansing facial (see *Wellness*, page 41). Regimens are not exclusive to women either. Our Grooming feature (see page 36) sheds light on easy and efficient routines for men.

There really are no fixed rules as far as self-love is concerned and this issue is celebrating just that. So indulge, pamper, luxuriate, and enjoy every moment of it.

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NEWS AND TRENDS

• THE LATEST IN BEAUTY AND WELLNESS •

SPRING-SUMMER
2018

LA VIE PARISIENNE, LA VIE BOHÈME

Diptyque marks 50 years with two spirited scents, Tempo and Fleur de Peau

A LITTLE CORNER STORE ON 34 BOULEVARD SAINT GERMAIN tells the story of Parisian diversity and love for all things unique. Fifty years ago, this small boutique was ran by artists Desmond, Christiane, and Yves, whose collective pursuits and passions brought together an interesting mix of lanterns, fine china, and *objets d'art*. Scented candles and English colognes in lilac, lily of the valley, and mock orange were also part of the eclectic retail mix. These aromatic *bougies* and fragrances would later carry the distinctly Parisian Diptyque label.

In 1968, Desmond revived an ancient art to create the first Diptyque fragrance. Referred to as *L'eau*, this scent carries hints of old rose, cinnamon, orange, and clove. *L'eau* was the first genderless fragrance to be introduced.

Today, the world-renowned label pays homage to this innovative spirit with the launch of two new scents: Tempo and Fleur de Peau. Perfumer Oliver Pescheux who conceived these two aromas intended to revisit the 50-year narrative of one of Paris' most beloved fragrance maisons.

Tempo is an ode to the French's enduring fascination with *la vie Bohème*. Patchouli infused with henna and kohl creates a scent that is distinctive and reminiscent of a free-spirited dance or hymn.

Hindu tradition that spread throughout mainstream culture in the 60s inspires the creation of Fleur de Peau. A musk base note layered with cool iris, Italian mandarin orange, and bergamot create a scent that is both sensual and multilayered.

Diptyque's Fleur de Peau and Tempo reflect Paris' affinity for the chic Bohemian lifestyle



Pink peppercorn adds to its refreshingly sweet essence. This fragrance is also referred to as the Peace & Love perfume to reflect its cultural inspirations.

A whiff of Tempo or Fleur de Peau immediately transports one to an enchanting era where, perhaps some 50 years ago, the streets of Paris permeated with an intoxicating brand of mysticism and magic. It is this very essence, of capturing moments through scents, that makes Diptyque a fascinating storyteller. ♦

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LONGWEAR FOUNDATION

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STAYS STRONGER. WEARS LONGER.
IN 23 SHADES FOR ALL SKIN TONES.

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DARIA STROKOUS IS WEARING NATURAL RADIANT
LONGWEAR FOUNDATION IN MONT BLANC.
PHOTOGRAPHED BY FRANÇOIS NARS

NARS



EXCEPTIONAL ESSENCES

AREUM is spearheading a new movement in beauty that focuses on the use of natural antioxidants

NATURE IS THE KEY INSPIRATION FOR AREUM

when creating its premium skincare line. Taking center stage this season is the Mystic First Essence, a breakthrough formula that keeps skin looking young and perpetually rejuvenated.

Specifically designed to prime and prep, it is alcohol-free and has an exclusive pH formula that restores skin's natural balance. The fragrance-free and hypoallergenic toner also helps renew and invigorate the complexion.

Rosamox is the main ingredient found in Mystic First Essence. It is a naturally derived antioxidant that is two to

six times more effective in the removal of superoxide radicals. The essence toner also contains Mediacalm plant extracts, which function as an anti-inflammatory agent. Apart from restoring tissue integrity, Mystic First Essence soothes sensitive skin with its calming and anti-irritant properties.

Fresh, revitalized, and natural are buzzwords this season. AREUM's Mystic First Essence, a completely organic toner that helps refresh and reinvigorate skin is bringing all that and more to the beauty forum. ♦

L'OCCITANE
EN PROVENCE

INFUSE YOUR SKIN WITH **DEWY BRIGHTNESS**

The new Reine Blanche serum captures the exceptional power of two extracts: Meadowsweet Flower and White Florentine Iris. This highly sensorial gel-to-water serum infuses into the skin for a double hydrating and whitening action. Skin is visibly evened out, translucent and plumped with moisture.

After 2 weeks of use, skin's clarity is revived for 91% of women*



* Consumer use test on 32 Asian women

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 L'OCCITANE en Provence



BEAUTÉ SOYEUSE PAR HERMÈS

Travel and beauty essentials for the
jet-setting crop this season



Twilly d'Hermès le bain brings a splash of joy and a wave of vitality into the bathrooms of the Hermès girls. A ritual waiting to be freely invented. Only the softness of silk lingers unmistakably on the skin... Shall we dive back in?

- 1. BODY BALM** This summer essential is sized for travelling to exotic destinations
- 2. SHOWER CREAM** Lather in this fragrant and ultra-rich crème formula
- 3. MOISTURIZING LOTION** A silky, barely-there lotion to leave skin feeling hydrated and nourished all day long
- 4. SOAPS** Three delicately scented variants to indulge in depending on mood, occasion, or location
- 5. DEODORANT** Long-lasting freshness while engaging in the many adventures under the scorching sun

THE GOOD SYNTHETIC

Laura Mercier's Artistry Brushes are revolutionizing the makeup industry

Synthetic is often associated with second-rate products that customers shy away from. In the endless pursuit of the genuine article, it has become easy to assume that artificially-produced items do not equate to luxury. Laura Mercier challenges this preconceived notion with the launch of its Artistry Brushes. Exceptional design crafted through years of experience in the makeup industry highlights the advantages of using synthetic brushes.

LASTS LONGER

Laura Mercier takes pride in the quality of its products and this collection is no different. Filaments are specifically designed so that the brushes stay in form even after several washes and uses.

EASIER TO CLEAN

Generally, bristles used to make synthetic brushes are more hygienic than animal hair brushes. The absence of hair cuticles in synthetic brushes also mean that they don't absorb makeup pigments. As a result, synthetic brushes are proven to work better when applying liquid or cream-based products.

ALLERGY-FREE

Animal hair in natural brushes may trigger allergic reactions. Synthetic brushes are the hypoallergenic option, making them ideal for sensitive skin.

PRECISE APPLICATION

Synthetic filaments remain compact while natural brushes tend to unravel over time. This characteristic makes synthetic brushes more ideal for producing on point looks.

ENVIRONMENTALLY-FRIENDLY

While some brushes are made with animal hair, synthetic brushes use manmade bristles. That makes these the better choice for those who patronize cruelty-free products. ♦



SUMMER'S MOST COVETED

Pack a summer bag with beauty must-haves ideal for travel and adventure



◀ SUN WORSHIP GODDESS

Over-exposure to the sun is one of the leading causes of skin damage and accelerated ageing. Protect with Nuxe Sun SPF 50 High Protection Face Cream and Nuxe Sun SPF 30 Face and Body Lotion. Water-resistant, photostable, alcohol-free, and non-comedogenic, this SPF line is ideal for beach buddies who may want to cool off in deep blue waters one minute, engage in adventure by midday, and unwind by the pool just in time for sunset.

After a full day under the sun, give hair and skin the tender loving care it needs with Nuxe Sun Hair & Body Shampoo. This two-in-one wash was concocted using Water Hyacinth and Kau Pe Flower, to remove sand, salt, chlorine, and UV filters, leaving hair and skin refreshed and energized. This botanical formula is soap-free, sulfate-free, and easily biodegradable.

VOYAGE INTO SUMMER ▶

Journey into the unknown with the Nautica Voyage fragrance created especially for men. Top notes of green leaf and crisp apple combined with water lotus and drenched mimosa result in a scent that recalls early mornings by the sea. Capturing the essence of the Style Captain, Nautica Voyage is a perfect summer fragrance that celebrates wanderlust and the realization of lifelong dreams.



◀ MIRACLES UNDER THE SUN

Heightened temperatures and humidity can take a toll on the skin. This is why many often opt for no makeup at all come summertime. With Max Factor Healthy Skin Harmony Miracle Foundation, having makeup on can be both beautifying and hydrating. Living up to its hype as the perfect base, this foundation keeps makeup intact and fresh through a 24-hour hydrating formula boosted by SPF 20, providing added protection and care. ♦



YOU

MAX FACTOR



HIGH
DEFINITION.
MINIMUM
EFFORT.

NEW

Miracle Contouring
Palette



A natural looking contour in 3 steps

PURE INDULGENCE

Sublime pampering from CHANEL





The **CHANEL** woman wears several hats. She is a boss, super mom, social butterfly, and philanthropist rolled into one. She is practical yet elegant. She dares to wear the pants and she is all-woman for it.

CHANEL'S INTRODUCTION OF THE SUBLIMAGE COLLECTION was intended to provide unparalleled skin pampering for women who lead multifaceted lives. Powered by Vanilla Planifolia found in the depths of Madagascar, the Sublimage line renews stressed skin affected by daily and environmental aggressors. This breakthrough formulation works by regenerating, repairing, and protecting skin to leave it visibly revitalized and invigorated.

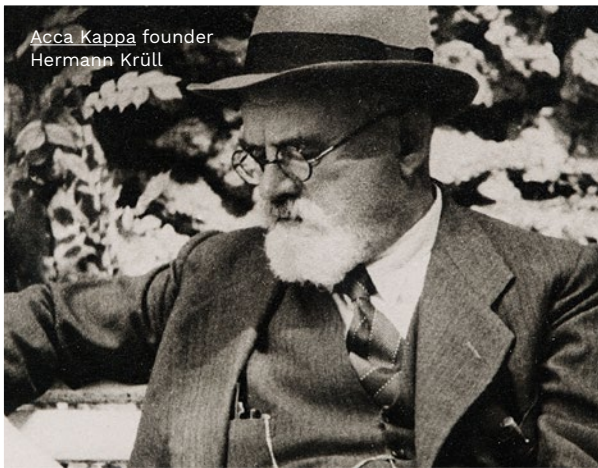
This season, CHANEL is adding a new product to the Sublimage collection. L'Extrait de Crème is a lightweight formula that deeply moisturizes skin sans the greasy feel. The silky and smooth consistency of L'Extrait de Crème indulges

all the senses with the power and benefits of an intensive moisturizing treatment.

L'Extrait de Crème's unique double emulsion feature highlights the energizing powers of precious oils like camellia, jojoba, and canola.

While phase one works to nourish the epidermis, phase two utilizes vanilla flower enfleurage oil to help strengthen the skin's natural defenses. Hygroscopic agents and hyaluronic acids are also activated to revive and replenish.

Whether it's unwinding after a busy day or lounging on a lazy weekend, L'Extrait de Crème by CHANEL is a pampering essential to luxuriate in all year long. ♦



Acca Kappa founder
Hermann Krüll

SPLENDOR OF ITALIAN TRADITION

A homage to Acca Kappa's
commitment to quality, craftsmanship,
and environmental sustainability

FOUNDED BY MR. HERMANN KRÜLL, ACCA KAPPA

is known all over the world for producing hair and skincare essentials that are simple, straight to the point yet effective. Excellence, the core of the label's product range, is apparent in the success of its trademark hairbrushes, hair care products, and fragrances, to name a few.

The Acca Kappa brand owes much of its iconic status to the uncompromising Italian craftsmanship that go into every product made in its original factory in Treviso, Italy. Years since it opened in 1869, the Treviso headquarters continues to stand as a beacon for Italian excellence. The emblematic structure has survived decades, remaining relentless in creating products that set heightened standards in the beauty industry.

Through years and generations, Acca Kappa has evolved into a full scale industrial corporation while still being a family-run business that continues to uphold Italian values. Today it is a label held with high regard among beauty aficionados because of its ability to create unique products that are environmentally sustainable. Close attention to detail, continued research, and collaboration with industry experts, anchored on traditional production methods add to the distinction of using a product with Acca Kappa emblazoned on it. ♦



Acca Kappa's
current President,
Elisa, is the great-
granddaughter of
Mr. Krüll. Here, she
is photographed
with her family



INSTINCTIVE BEAUTY



Photo credits Cédrine Bhr - Iris Velghe - BARCEL

NEW



48HR
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crème fraîche® de beauté

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PARABEN FREE, MINERAL OIL FREE, ANIMAL-ORIGIN INGREDIENT FREE

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48HR Hydration: instrumental test conducted on 10 volunteers. Non contractual picture.

SCENTS AND SECRET SOCIETY

Penhaligon's journey from Jermyn Street
to the most exclusive banquets



THE SOUNDS OF CRYSTAL FLUTES clinking and hushed whispers among the city's most illustrious filled the grandiose halls on a late night rendezvous. It was one of those secret soirees organized by the charming but notorious Lord George that gathered the upper echelons for a night of complete revelry and hedonistic surrender.

When Lady Blanche walked in, all eyes were on her. Even in that sea of lords, dukes, duchesses, and dames, Lord George saw only her. She sashayed across the room towards him, heart pounding, head spinning with mixed anticipation. It was going to be a night that would change her life forever and it would all begin with the beautiful creature staring back at her.

The night was an exquisite blur, filled with laughter, banter, and conversation. The evening tasted as sweet as the finest pastries and as ethereal as the rarest spirits. But of all the

sensorial indulgences, it was the distinct scent of Lord George that remained most unforgettable. It was the intoxicating fragrance that wafted a few inches between her and the dark prince before he took her hand for a dance. It was Penhaligon's.

It was in the 1860's when a Cornish barber by the name of William Penhaligon arrived in London. Inspired by a Piccadilly and Turkish bath next to his then-fledgling enterprise, he created a scent that marked the beginning of Penhaligon's fragrances: the Hamman Bouquet.

Today, Penhaligon's 140-year history includes the creation of 71 fragrances and several collaborations with the world's top perfumers. Tradition, history, and heritage continue to define each product of English fragrance label Penhaligon's. It is an extraordinary experience —within secrets chambers—that begins from the unboxing of its signature triangular flacon. ♦

BEAUTY SECRETS

• TIPS & TRICKS FROM THE PROFESSIONALS •

SPRING-SUMMER
2018

EFFORTLESS EFFERVESENCE

Makeup hacks to prep you for the summer

AS TOLD TO **BIANCA R. SALONGA**
ART DIRECTION **ALEX MANLANGIT**
PHOTO **ED SIMON** OF **STUDIO 100**

SHOT ON LOCATION AT **LAURA MERCIER RUSTAN'S MAKATI**

LAURA MERCIER LEAD ARTIST MARK QUA was hesitant about going into the business of beauty. It wasn't until a few years ago that he decided to fully embrace his gift. Mark shares that continued study and honing of one's skills helped him become one of the country's most sought after makeup artists. "Never stop learning or elevating your work. The moment you become complacent is when you stop being an artist."

The beauty creative whose experienced hands have added glamour to some of the most beautiful faces, reveal tricks of the trade for that fresh summer look.

THE LOOK FOR SUMMER

Anything that's easy and quick to apply. It should always be effortless—that's how I envision makeup for summer. When it comes to application of makeup this season, it should be so easy that you don't even need to bring a brush with you. You can just use your hands.

NO-FAIL MAKEUP ESSENTIAL

I've been using Laura Mercier's Translucent Loose Setting Powder for years. It applies so easily. When you set your makeup with this, it adds that flawless and light finish. I also like that it goes well with just about any skin type. For touch ups, it's also a great quick fix.

PRO TALK

Study and understand the face: shape, bone structure, and skin condition. It varies from person to person, but the mark of a professional is when they are able to adjust and work with any kind of canvas. That's when experience comes into play.

CAN'T LIVE WITHOUT

Laura Mercier's Foundation Primer in Radiance. It's my secret weapon against tired-looking skin especially on those long days when I've been on-the-go for hours. I apply this and I get the instant glow back. Dullness disappears. ♦

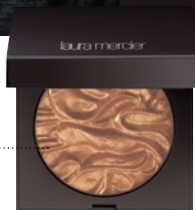
TIPS

SKIN

You can use Laura Mercier's Foundation Primer in Radiance in lieu of foundation. It illuminates your skin naturally. For a bronzed finish, I recommend the Face Illuminator in Seduction

EYES Always bring an eyelash curler with you. Curled lashes instantly awaken the face and open up the eyes. I also like to add natural definition to the brows with Brow Dimension

LIPS Use Paint Wash Liquid Lip Color in Rosewood. It's a natural shade that keeps your look young and fresh



TROPICAL STATE OF MIND

Whether lounging poolside, strolling along sandy shores, tanning on a yacht, or roaming in exotic destinations, these summer favorites are bringing fresh flavors to the season

1. **ELLE BASIC** Fab Hair Argan Oil Anti Frizz Shampoo and Conditioner
2. **ELLE BASIC** Felicia Flora Lilac & Hydrangea and Rose & Wild Carnation Hand Washes
3. **BAYLIS AND HARDING** Beauticology Tropical Cocktail Hand Wash
4. **BAYLIS AND HARDING** Fuzzy Duck Beer Set
5. **BAYLIS AND HARDING** La Maison White Lavender 2 Bottle Set
6. **BAYLIS AND HARDING** Rose Prosecco Fizz Single Wick Candle in Glass Cloche
7. **CATH KIDSTON** London Scene Hand Cream Trio
8. **CATH KIDSTON** Wild Rose & Quince Manicure Set
9. **CATH KIDSTON** Posy Bunch Soap Set
10. **CATH KIDSTON** Blossom Birds Print White Clover & Matcha Tea Hand Sanitizer
11. **HEATHCOTE AND IVORY** Vintage & Co. Braids & Blooms Perfume Gel
12. **HEATHCOTE AND IVORY** Neroli and Lime Leaves Eau de Toilette

YOUR HAIR WILL GET A TASTE
FOR RADIANT COLOR

PHYTOMILLESIME

LEAVE-IN
CARE



BEAUTY CONCENTRATE
FOR COLOR-TREATED, HIGHLIGHTED HAIR

SUBLIMELY BEAUTIFUL, PROTECTED HAIR,
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Beauty makeover by Anthony Cristiano, Artistic Director of Phyto.

PHYTO
BOTANICAL POWER





HIGH DEFINITION SUMMER

This is the season for bright hues,
metallic finishes, and bee-stung puckers

PHOTOS **MIGGY ABESAMIS** OF **STUDIO 100**
ART DIRECTION **ALEX MANLANGIT**
MODELS **CHAMELEON INTERNATIONAL MODEL MANAGEMENT**
HAIR **EDGAR SOLIMAN** OF **PHYTO**
MAKEUP **ROGE BERNALES** AND **JAPETH PUROG** OF **RUSTAN'S MAKEUP AFFILIATES**
NAILS **LUZ FORTUNO** AND **MAXINE LOPEZ** OF **TRIPLE LUCK BROW & NAIL SALON**
SHOT ON LOCATION AT **FLOW MARCO POLO MANILA - ORTIGAS**
SWIMWEAR **BEYOND THE BEACH PH**

BABY BLUES

This season, makeup experts suggest adding bright colors to your makeup look. Complement a summer glow with bright blue hues on the eyes. Apply **NARS Eye Paint** in **Solomon Islands** on the upper lids and top off with **NARS Eye Shimmer Single Eyeshadow** in **Bavaria**. Brush groomed brows upwards and set with **NARS Brow Gel** in **Oural**.



A close-up portrait of a woman with light skin and brown eyes, wearing a white swim cap and an orange bikini top. She has a soft, peachy makeup look on her face, including shimmering eyeshadow and light pink lips. Her hands are raised near her face, showing her metallic orange nail polish. The background is a warm, golden-orange gradient, suggesting a sunset or sunrise over water.

SWEET PEACHES

Hues of coral or peach are ideal for all skin tones and are great at bringing out a golden tan. Try **STILA Eyeshadow** in **Kitten** blending from the outside corners working inside. Define eyebrows with **STILA Stay All Day Waterproof Brow Color** in **Light**. Pair with nail lacquer in a similar shade with metallic hints. This is a versatile summer look that can take you from day to night



LASH IN A FLASH

The fascination for long, curled lashes stems from the effect it immediately creates on the face. With the right application of waterproof mascara like **Laura Mercier Audacious Mascara** and an expert curl, your face will light up and look more youthful



LIP LOCKED

This season, candy red is making a big comeback but with an emphasis on looking more effortless and almost bee-bitten.

Define lips with **Jane Iredale Puremoist Lipstick** in **Gwen** and gloss over with **Jane Iredale Lip Fixation** in **Content**



GILT-ED GLAMOUR

Summer is about that golden tan. So what better way to emphasize it than with bronzer and highlights. Create a perfect skin base with **Laura Mercier Primer in Radiance**. Naturally glowing skin is achieved with **Laura Mercier Candleglow Foundation**. Finish the face with highlights using **Laura Mercier Face Illuminator in Seduction**. Top off the look with nail lacquer from **Deborah Lippmann in WOW Nail Polish**.



SPECIAL
FEATURE

BEAUTY ETERNAL

Ageless and luminous
complexion from La Prairie

For decades, **La Prairie** has been the skincare authority. The Swiss label's innovative spirit coupled with cutting edge scientific research have created beauty formulas that bring timelessly beautiful and radiant skin.



A DOSE OF BRILLIANCE

La Prairie's revolutionary line, powered by Gold Caviar extract, brings to the fore White Caviar Crème Extraordinaire. This rich moisturizer harnesses the power of light to treat dark spots and skin discoloration. It also evens out complexion, resulting in a youthful glow. Skin is visibly smoother and luminous after only two weeks of continued use.

FORMULA FOR INNER RADIANCE

White Caviar Crème Extraordinaire is a testament to the brand's commitment to delivering an exceptional skincare experience. Lumidose, a breakthrough molecule formulated by Clinique La Prairie, is an essential component utilized by White Caviar Crème Extraordinaire. It is the main ingredient that helps control melanin production, which aids in achieving that inner glow.

This approach to beauty stems from Clinique La Prairie's philosophy of utilizing the science of cellular therapy. Through this very unique method, La Prairie created the exclusive Cellular Complex, which eventually led to innovative concoctions like Lumidose.

A CRYSTAL WHITE BOOST

Effects of White Caviar Crème Extraordinaire are enhanced with the La Prairie Smart Crystal White. A rare Gold Caviar extract distinct to the collection helps zoom in on the root of skin discoloration. It likewise works to tighten skin to complement the effects of White Caviar Crème Extraordinaire.

A VESSEL FOR BEAUTY

The packaging of this bottle was designed to mirror La Prairie's ethos of innovation, luxury, and distinction. A cylindrical bottle with clear pearlescent patterns is cradled inside La Prairie's trademark silver box. Surrounding the bottle is a sculpted ring that features beads resembling that of caviar, the key ingredient of White Caviar Crème Extraordinaire.

A high polish cap on the bottle contributes to the jewel-like appearance of this precious beauty potion. The added feature of an airless pump ensures precise dispensing of the cream onto the palm. This attention to detail emphasizes La Prairie's commitment to enhancing beauty regimens from the time a new formula is unboxed until it is used to luxuriate in an exquisite anti-aging routine. ♦

IN THE BAG

• LIPS • FACE • EYES • SKIN • SCENT • HAIR •

SPRING-SUMMER
2018

Women leading balanced, albeit, busy lives give us the lowdown on beauty regimens, essentials, and hacks to get through sunny days and sultry nights

WORDS **BIANCA R. SALONGA**
ART DIRECTION **ALEX MANLANGIT**
PHOTOS **ED SIMON OF STUDIO 100**
HAIR **HELEN EGAN AND GERALD MAGTIBAY OF PHYTO**
MAKEUP **ROGE BERNALES OF NARS AND**
CHRISTINE ROJAS-LAVINA & REYMOND DEFEQ
OF **LAURA MERCIER**

- 
1. **Clarins** UV Plus Day Screen in the shade Blue
 2. **Neal's Yard Remedies** Grapefruit Essential Oil
 3. **Neal's Yard Remedies** Lavender Essential Oil
 4. **Murad** City Skin Age Defense Broad Spectrum SPF 50
 5. **Perricone MD** No Bronzer Bronzer
 6. **STILA** Color Balm Stick in the shade Misty



SARA BLACK is a top lens woman and health advocate who believes that regular exercise, clean eating, and an all-natural beauty routine are expressions of well-being and self-love.

AS A PROMINENT BEAUTY AND FASHION PHOTOGRAPHER, Sara has captured some of the most unforgettable images to run in magazine editorials and ad campaigns.

She radiates a distinct glow attributed to a staunch advocacy for wellness. Following a health scare in 2013, the lens woman whose professional life demanded long hours on-set and working lunches, took a path leading towards self-love. Commitment to getting healthy inspired her to find time in her busy schedule for exercise and clean eating. It was a journey that led to a discovery of new places, faces, and experiences for a life well lived. Sara reflects, “I’ve made it my mission to flow into wellness.”

It was the natural progression for her to also explore passion projects intended to inspire others. Just recently, Sara relaunched her website, www.sarablack.com, to exhibit

stories that document her advancement towards wellness. “A lot of people have been asking me what keeps me well and it seemed so natural for me to start sharing the things that I’ve learned.” Sara has also developed a food label, Superfood Energy Balls, with fellow health enthusiast Bubbles Paraíso. “We were thinking of ways we can share mindful eating with people. The best jump off point is really a yummy snack that you can eat in tandem with your workout.”

Apart from regular exercise and a healthy diet, an all-natural beauty routine contributes to her youthful radiance. In packing a cosmetic kit, lip and cheek tints are her suggested must-haves especially in the warmer months. Her summer beauty tip: “While it’s important to care for skin pre-sun exposure, remember to exfoliate when skin is on the way to peeling to help it renew faster.”



La Mer The Renewal Oil



NUXE Sun Lait Delicieux Haute Protection 150ml



ALESSANDRA PEREZ RUBIO can shift from being the creative director and founder of fashion label Mestiza New York to being a hands-on mom in an instant. In navigating a fast-paced lifestyle, she packs a purse that keeps her looking fresh anytime, anywhere.

“SUMMER IS THE BUSIEST TIME FOR MESTIZA because I am usually designing and developing our Spring collection that shows in September,” begins Alessandra. It has been four years since the fashion label launched and Alessandra, alongside co-founder Louisa Rechter, has marked several milestones in their company. The endless hours spent preparing fashion lines, presenting to buyers, and sourcing materials for their creations paid off when the label finally hit the shelves of New York’s premium department stores and debuted on Hollywood’s red carpet.

Working in fashion, especially in the Big Apple, hardly leaves enough time for leisure. Luckily, Alessandra is constantly finding ways to stay inspired. She considers weekends with her three-year-old son, Carlos, time for adventure. “On weekends I like to take him to the park to run around or a kids’ museum to explore. It’s unbelievable how much energy he has. I also make it a point to get out of the apartment and explore,” she shares.

This summer, Alessandra is also looking forward to a few days on shore. For trips like these, she packs essentials that enhance a golden tan. She enumerates that her favorites include a Laura Mercier tinted moisturizer, CHANEL’S Vitalumiere Foundation, and Soleil de CHANEL Bronzing Crème.

On weeks when leaving the city is not on the menu, she makes time for a night out on the town. “As a rule, New York City is empty on high summer weekends. I like to take advantage of this. Restaurants that are typically impossible to get into have openings at 7PM. There is nothing quite like sipping a rosé on a trendy rooftop bar.” Nights spent in the city is also an opportunity for the fashion creative to wear that signature tassel dress she designed for Mestiza. The makeup look to complete her ensemble: lined eyes, a striking eyeshadow palette, and clean, polished nails.

Laura Mercier Matte Radiance Baked Powder



Maison Francis Kurkdjian Paris Baccarat Rouge 540

1. **Dermalogica** Pre Cleanse Balm
2. **Acca Kappa** Muschio Bianco White Moss Body Lotion
3. **Algenist** Genius Ultimate Anti-Aging Melting Cleanser Cream
4. **Jane Iredale** Mystikol Powdered Eyeliner in Onyx
5. **Deborah Lippmann** You Make My Dreams Nail Polish
6. **Deborah Lippmann** Serendipity Nail Polish
7. **STILA** Eyes Are The Window Shadow Palette - Mind



1. **Neal's Yard Remedies** Bee Lovely Hand Cream
2. **STILA** Stay All Day Liquid Lipstick in Patina
3. **Laura Mercier** Translucent Loose Setting Powder
4. **Gucci** Bloom EDP
5. **Algenist** Sublime Defense Ultra Lightweight UV Defense Fluid SPF 50
6. **Jane Iredale** Great Shape Contour Kit in Cool
7. **Phyto** Phytovolume Actif Intense Volume Spray



Maison Francis
Kurdjian Paris
À La Rose
Hair Mist



Algenist Multi-
Perfecting Pore
Corrector Gel
Moisturizer



BIANCA BRANDNER has built an enterprise, CMJ by Celine and Martina, out of her love for blooms while being a dotting mom to two toddlers. She achieves work-life balance by making room in her schedule for travel, Pilates, and a trusty skincare routine.

HER HOME IS ALWAYS ADORNED WITH FLORAL ARRANGEMENTS inspired by trips to various parts of the world. “I always make it a point to visit local gardens and flower markets” says Bianca who is also a former VJ. In balancing motherhood and work, she is all about staying organized and prepared—something she learned when she was in the limelight.

Today, her light shines even brighter as she establishes the ideal work-life balance. “If having your own career helps you feel fulfilled, then it also helps you be the best mother you can be,” she asserts. On her free time, Bianca is most likely to head to a Pilates studio or the tennis court.

Bianca also subscribes to an effective and efficient beauty regimen suited for a busy lifestyle. “I’ve always maintained a good skincare routine. Nowadays, I don’t have enough time to experiment so I stick to what I know works: cleanse, tone, and moisturize. I also make sure to put on sunscreen.” Included in her beauty arsenal are potions like La Mer’s The Renewal Oil, Perricone MD’s No Blush Blush, and CHANEL’S Soleil Bronzer Powder. She adds, “They give me that subtle, natural, sun-kissed glow.”

CAMILLE ONGPAUCO is the consummate businesswoman with a passion for food, fashion, and travel. Although her days are long, she follows a tried-and-tested beauty ritual to keep her looking glam from day to night.



1. **Algenist** Ultimate Anti-Aging Cream
2. **Jane Iredale** Glow Time BB Cream SPF 25
3. **Escada** Celebrate Now
4. **Laura Mercier** Caviar Stick in Amethyst
5. **CHANEL** UV Essentiel
6. **CHANEL** Rouge Coco Carmen

THERE ARE SEVERAL BUSINESSES KEEPING CAMILLE BUSY, one of them being her corporate catering enterprise. “You have to have the passion for what you really want to do. Even if I put in the long hours, it’s not something I complain about because I love what I do.” Camille also partnered with like-minded lifestyle purveyors for the launch of retail boutique Cura V. The collective recently opened a new store called Comme Ci, the apparel arm of Cura V.

Love for work allows her to power through hectic days. A recent lifestyle shift also boosted her energy and enthusiasm to do more. This includes exercise, which she’s recently incorporated into her daily schedule. “It’s really been helping me in all aspects of my life. I’m no longer as sickly as I used to be. I even have a more energy.”

Her signature flawless skin, perfectly groomed brows, and sun-kissed glow are attributed to a trusted beauty routine. This keeps her looking ultra-polished despite 18-hour days. “I like to keep things simple. The less I put on my skin, the better.” She prefers a lightweight tinted moisturizer and sticks to a palette of pinks and corals for her lips. She also carries a light and crisp fragrance in her purse to keep her fresh.

As if her work wasn’t enough, Camille is adding a new endeavor to her plate. It is something that resonates with her love for travel. She reveals, “I love going to the beach as a means to relax. We’ve been working on this project for months now and by this year, we are opening a speed boat-island hopping facility in El Nido, Palawan.” When packing for the beach, she suggests, “Something to protect the hair, sunblock, tanning oil, and after-sun lotions.” Looks like it will be one busy summer for Camille.



Phyto Phytoelixir
Subtle Oil Intense
Nutrition



Penhaligon's Iris Prima

SULTRY SCENTS OF SUMMER

Journey into the city with
Gucci and Hugo Boss

THIS SEASON CELEBRATES WANDERLUST AND DISCOVERY.

It is a time for exploring new places and drawing out different perspectives from them. It is also an opportunity to bring forth a sense of wonder even from something seemingly mundane.

Summer is a time when just a gray concrete jungle exudes vivid hues on its cityscape. This is the very spirit that inspires the newest scents from Gucci and Hugo Boss.



HUGO URBAN JOURNEY BY HUGO BOSS

HUGO Urban Journey was created to tell the story of an old borough revitalized. Top notes of hidden Himalayan whorlflower result in a youthful brand of energy. Heart notes of intense and aromatic black tea recall thrilling adventures and exhilarating experiences. A Gaiac wood base mirrors the scent's masculine and confident essence. Here is a fragrance that is vibrant yet layered with distinct sophistication.

GUCCI GUILTY ABSOLUTE POUR FEMME AND POUR HOMME BY GUCCI

Free love is the main inspiration for the newest chapter in the Gucci Guilty fragrance saga. Scents for both men and women celebrate the idea of a love that is self-defined and free from societal expectations.

Maître perfumer Alberto Morillas creates an enchanting scent by infusing blackberry with a spicy Bulgarian rose finish to suit the contemporary woman. Morillas tops off the scent with a twist of traditional wood. Ambery hints of Goldenwood are also utilized in the creation of this fragrance, adding depth and dimension.

Absolute Pour Homme, meanwhile, emulates self-expression and masculinity. The natural wood musk combines arboraceous notes leather accord Woodleather and the natural extract of Nootka Cypress with Goldenwood. Essences of Patchouli oil and Vetiver add intensity and woody character to this new fragrance for the modern gentleman. ♦



john varvatos

ARTISAN PURE
the new fragrance for men



GROOMING

• FOR THE MAN WITH STYLE •

SPRING-
SUMMER
2018

MANNERS MAKETH MAN

Young architect Miko delos Reyes has the art of grooming for the true gentleman down to a tee

WORDS **CHINO R. HERNANDEZ**
PHOTOS **YUKIE SARTO** OF **STUDIO 100**

MIKO DELOS REYES is one of the busiest millennials in town. He works as an architect for the family's firm while managing a flower farm located south of the metro. Despite a busy schedule that has him on-the-go all week long, there's never a hair out of place on the young gent's head. Even amidst the chaos of a construction site, he is always impeccably groomed with his perfectly styled hair, donning his signature white polo shirt.

Miko embodies the contemporary gentleman. Aside from quality education from the University of the Philippines, a blue-blooded upbringing, and a savvy business mind, another thing that sets him apart is his instinct to look and feel good through the art of men's grooming.

"I feel that men's grooming is important. I don't believe being 'macho' and paying attention to grooming are conflicting qualities. Just because we are guys doesn't mean we are expected to do less in maintaining ourselves. Find products that work well for your hair and skin, make sure you're comfortable with them, and integrate them into your daily routine," shared the young man.

Miko's mornings always begin with a shower, a thorough facial cleansing, followed by application of a go-to moisturizer, and hairstyling for a clean-cut finish.

He believes that a gentleman should subscribe to reliable products that aid in maintaining healthy skin. Miko also shares that no matter how busy or long days get, following a simple, practical, and efficient nighttime routine are essential for the modern gentleman. ♦



1. **L'Occitane** L'Homme Cologne
Cédrat After Shave Gel
2. **La Mer** The Renewal Oil
3. **La Prairie** Anti-Aging
Rapid Response Booster
4. **Diptyque** 34 Boulevard Saint
Germain EDT
5. **Murad** City Skin Overnight
Detox Moisturizer
6. **Estée Lauder** Advanced Night
Repair Synchronized Recovery
Complex II Serum
7. **Perricone** Nutritive Cleanser
8. **Acca Kappa** Professional Comb
9. **Clarinsmen** Line Control Cream



WELLNESS

• BEAUTY FROM WITHIN •

SPRING-SUMMER
2018

THE PRE:EMPT SERIES

A cutting edge skincare line for millennials by Perricone MD

WHEN DR. NICHOLAS PERRICONE created the Pre:Empt line, he had the millennial in mind. The idea was to create a skincare range that functions as a preventive solution fit for individuals in their 20s. There was emphasis on this age bracket because production of antioxidants significantly decreases by this time in one's life.

In a revolutionary breakthrough, Dr. Perricone derived a formulation of turmeric, olive leaf, green tea, and cress sprouts to produce the NRF2 Antioxidant Support Complex. This concoction addresses the premature appearance of fine lines, wrinkles, and uneven skin tone. The new formula also triggers a naturally occurring gene that helps the skin combat oxidative stress and environmental aggressors.

1. FIXER SOLID OIL

An all-encompassing product, the Fixer Solid Oil can be used on the face and hair. This innovative oil-gel formula transforms from a solid block to light oil upon contact with skin. It instantly hydrates and may also be used to smooth out dry patches and hair cuticles. It may also be utilized as a setting agent for displaced locks and unruly eyebrows.

2. OIL-FREE HYDRATING CREAM

This cream was made with moisture-binding Hyaluronic Acid and nourishing Vitamin B5 to improve antioxidant support and hydration. The lightweight cream is effective in fighting the first signs of ageing.

3. BRIGHTENING EYE CREAM

With radiance-promoting antioxidants and caffeine, this eye cream counters the appearance of dark circles and reduces puffiness. Peptides and DMAE help suppress the emergence of fine lines and dryness.

4. DAILY FOAMING CLEANSER

This gentle foaming cleanser effectively purifies while removing dirt and residue without stripping skin of its natural oils. Perfect for busy individuals and light enough for all skin types, it leaves the skin feeling fresh, smooth, and hydrated. ♦



Mon

GUERLAIN

NEW EAU DE PARFUM FLORALE



THE ART OF DEEP SLEEP

Better slumber with
Neal's Yard Remedies

Beauty Sleep Body Butter

is a rich body moisturizer that helps
nourish the body before deep slumber



Beauty Sleep Concentrate

is a lightweight
serum with natural
nighttime rejuvenating
properties that aid
skin's restoration
while sleeping



Goodnight Pillow Mist

is an immensely
relaxing scent
for linens and
pillows that create
an ambience
conducive for
undisturbed rest

BEDTIME RITUALS FOR QUALITY SLEEP

- 1. Use sleep masks and earplugs** to drown out light and noises that may disrupt normal sleep rhythms
- 2. Turn devices off** at least one hour before sleeping as these emit blue light that stimulate the brain
- 3. Take warm baths** to help relax the body. Add a few drops of Neal's Yard Remedies' Lavender Essential Oil to a warm bath and let worries melt away
- 4. Spritz Goodnight Pillow Mist** around the room and onto linens to create a space of tranquility and peace
- 5. Spend a few moments to meditate.** Inhale deeply and let go of stress, worry, and strain with every exhale

QUALITY SLEEP IS A LUXURY especially with the hustle and bustle of city life. A fast-paced lifestyle characteristic of modern living often entails sacrificing much-needed snooze time for the sake of ticking off boxes on a long to-do list.

While getting as much done in a day is important, a full sleep cycle is essential to restore the mind, body, and soul. It also factors into the revitalization of skin and its youthful appearance. The better quality of sleep, the more plump, radiant, and nourished the complexion appears.

Neal's Yard Remedies, a world-renowned natural health and beauty brand, introduces the Beauty Sleep collection. This range of aromatherapy-based products help create a tranquil sanctuary for slumber. ♦

BARE ESSENTIALS

Indulge in these skin and body treatments for a summer-ready you



MURAD FIRM AND TONE SERUM

With the onset of swimsuit season, women are getting ready to bare it all. Murad, the clinical skincare authority, offers the Firm and Tone Serum. Created after years of research and product development, this potent toning formula targets cellulite by supporting cellular action of the skin. With smooth complexion all over, bikini season becomes all the more exciting.

DERMALOGICA SKIN BRIGHTENING FACE TREATMENT

While tanning is the goal this season, it is still important to care for skin. Dermalogica offers a skin brightening treatment, which was designed to keep skin smooth, even, and radiant all summer long. Deep exfoliation rids skin of dead cells, dirt, bacteria, and other unwanted residues accumulated from endless hours in the sweltering heat.



CLARINS CONTOUR SHAPER

Sculpt that much-desired silhouette with Clarins Skin Spa's Contour Shaper treatment that begins with a thorough evaluation by a Clarins Beauty Therapist. Once skin quality, softness, tissue firmness, and blood circulation scores are identified, targeted procedures are then recommended to address specific problem areas. Combining products chosen to treat specific skin needs with a specially designed 40-minute massage, the Countour Shaper treats lipid-storing zones. The result: refined silhouette and smoother skin all over. ♦



Murad, Dermalogica, and Clarins Skin spas are available at Rustan's Makati, Shangri-La, and Alabang Town Center. Murad and Dermalogica spas are also available at Rustan's Cebu. For more information, phone (02) 8672307

GROUND ZERO FOR A DEEP CLEAN

Double cleanse with Dermalogica

TYPICALLY, THE BEAUTY REGIMEN WILL ENTAIL THREE VERY BASIC AND EFFICIENT

STEPS: cleanse, tone, and moisturize. Depending on skin's condition, a few iterations are applied, which may include an anti-ageing cream, tightening serums, or a potent lotion to counter breakouts.

No matter how seemingly basic or intricate the ritual may be, beautiful skin always begins with a deep cleanse. A thorough purification of the epidermis decreases skin dehydration, dullness, breakouts, and other less than ideal skin conditions. Dermalogica, a skincare game-changer since 1986, is at the forefront of beauty innovation with the introduction of the PreCleanse Balm. Here's how to incorporate this revolutionary cleaning essential to a daily regimen.

STEP ZERO

Regular washing will not suffice in ridding skin of dirt, pollution, and long-wear cosmetics. Dermalogica's skincare routine begins with the PreCleanse Balm, which breaks down the layer of dirt buildup on skin. Massage balm onto the skin surface, emulsify, and rinse with tepid water.

STEP ONE

Thorough cleansing is achieved with the use of the Dermalogica Cleanser, removing stubborn residue and impurities found deep in the layers of skin. This routine leaves skin feeling soft and smooth. Post-cleanse, skin is more likely to absorb moisturizers, anti-ageing creams, and tightening lotions containing higher levels of nutrients and minerals. ♦

QUICK TIP

Use tepid water when cleansing. Cold or hot temperature desensitizes skin, lowering the efficacy of the balm and cleanser.



YOUTH REVIVED

Murad's Resurgence line boosts the anti-ageing benefits of Retinol

MURAD IS AN INNOVATOR IN THE SKINCARE

INDUSTRY celebrated for relentlessly introducing breakthrough products. Its latest offering from the Resurgence line maximizes the unbeatable effects of Retinol. The range features the state of the art Retinol Tri-Active Technology that targets the very root of ageing. It also helps minimize possible skin irritation while delivering immediate and visible results.

Fast-Acting Retinoid boosts cellular turnover to accelerate the effects of Retinol. Time-release features ensure that Retinol is activated on skin's surface periodically, following sustained dosages. To enhance skin's ability to absorb the formulation, a Retinol Booster component is also infused into the Resurgence line.

Key ingredients for the range include the Himalayan Swertia Flower Extract. This natural essence is known to help skin regenerate after burns. When paired with the Retinol Tri-Active Technology, it effectively reduces irritation and soothes skin surface.

Innovative products and formulations from Murad's Resurgence collection also include:



The **Retinol Youth Renewal Serum** hydrates and keeps skin plump and smooth with **Hyaluronic Acid Spheres**



Bio-nutrients like **Marine Kelp Complex** found in the **Retinol Youth Renewal Eye Cream** lift, firm, and visibly brighten dark circles



Peptide-Rich Red Algae Extract in the **Retinol Youth Renewal Night Cream** increases firmness and elasticity of the skin

SUMMER QUENCHER

Stay cool and refreshed all season long with this
exclusive Waterman Canteen in Seafoam



DESIGNED USING STAINLESS STEEL and proprietary triple insulation technology, Corkicle keeps summer refreshments cool for 25 hours and maintains warm beverages in its ideal temperature for up to 12 hours.

This Rustan's Beauty Addict exclusive 9oz. bottle is lightweight and handy, making it essential especially for the many adventures lined up. ♦

BEAUTY ADDICT MEMBERS are entitled to one (1) Corkicle Waterman for every Php 15,000 purchase at Rustan's The Beauty Source.

Hurry, Promo runs from March 1-May 31, 2018 only!



Lisbon

COLLECTION
spring/summer 2018



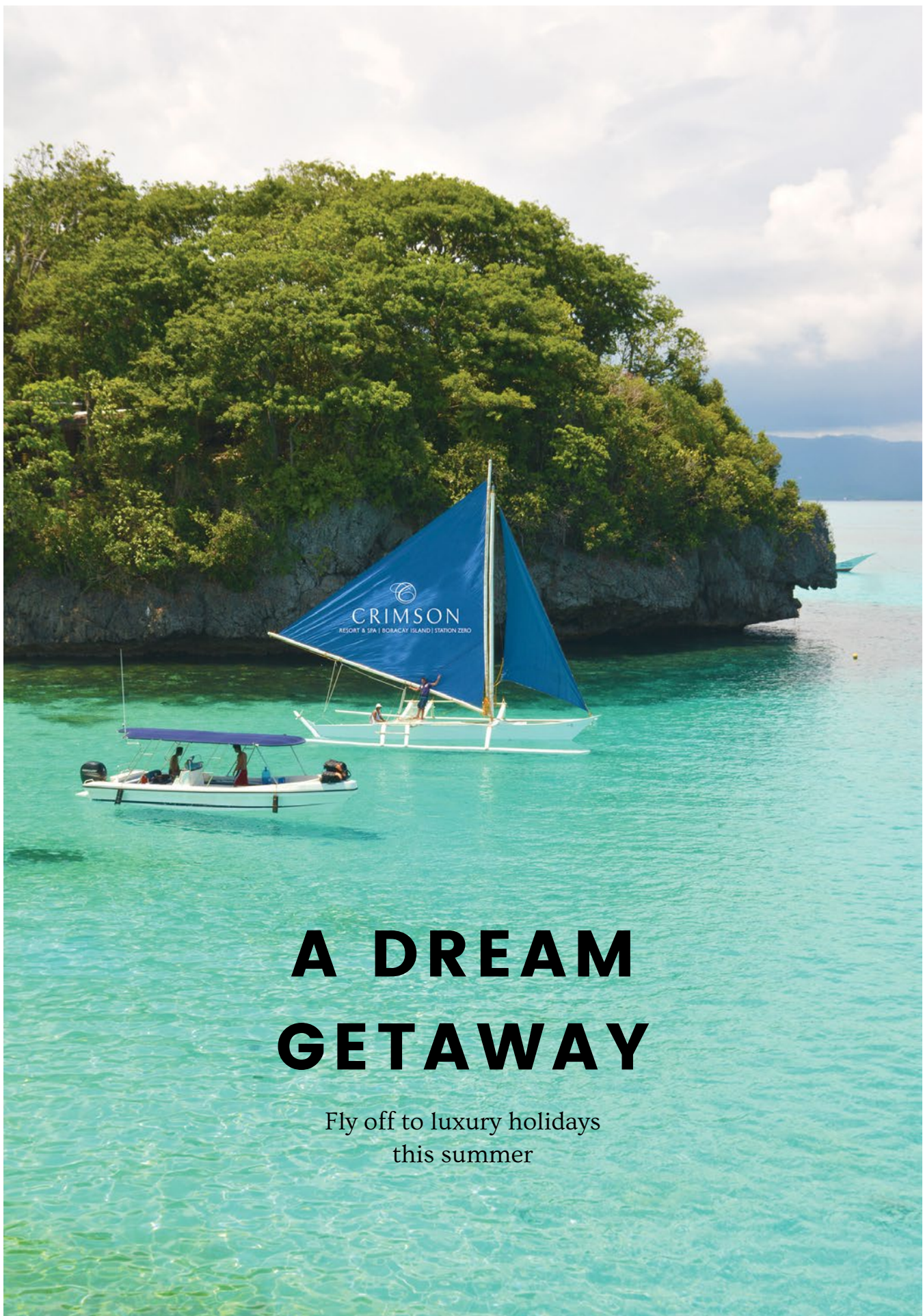
CLOSER THAN YOU MIGHT BELÉM —

one of 12 **new** shades available in Infinite Shine and Nail Lacquer
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O·P·I

#1 SALON BRAND WORLDWIDE



A DREAM GETAWAY

Fly off to luxury holidays
this summer



Crimson Boracay on Station Zero offers guests the luxury of vacationing in privacy

THERE'S NO BETTER PLACE TO BE than on a beautiful island this summer. From hidden tropical gems to unexplored beaches, the Philippines has a seemingly endless range of destinations for the summer traveller.

Begin your sojourn by booking your flight with Philippine Airlines. The national carrier known for its impeccable service that takes onboard hospitality to a whole new level. Your destination: the famed white shores and clear waters of Boracay.

Experience a different island holiday at Crimson Resort and Spa Boracay situated on the very exclusive Station Zero. It is an undisturbed area that offers guests quiet time while still being accessible to the festivities on busier stations. A spa, fine dining restaurant, and luxurious suites make Crimson Boracay a haven for those seeking the ultimate holiday break.

Get the chance to win this dream vacation when you shop in Rustan's Department Stores from March 16-May 13, 2018. ♦



Experience Filipino service with a smile on-board Philippine Airlines

MECHANICS

- Promo period: March 16 – May 13, 2018
 - This promotion is open to all customers of participating stores: Rustan's Department Stores in Makati, Shangri-La Plaza, Alabang, Gateway, and Cebu.
 - For every Php3,000.00 purchase worth of participating merchandise/brands (R, S, X and C) and spa services from Rustan's Department Store, in a single receipt, customers are entitled to one (1) e-affle ticket. Purchases of Rustan's Gift Certificates, services, and merchandise from Rustan's Flower Shop, Stores Specialists, Inc., Hermès, Bvlgari and Debenhams are not included in the promotion.
 - HSBC cardholders earn 3x e-affle entries
- PRIZES:** Eight (8) winners of gift certificates for a

three day, two night (3D2N) stay at

Crimson Resort & Spa Boracay.

Rooms and inclusions are as follows:

- Villa for four (4) adults with complimentary 60-minute massage at Aum Spa
- Suite Seaview with Plunge Pool for four (4) adults with complimentary 60-minute massage at Aum Spa
- Suite Seaview for two (2) adults with dining credit worth Php 4,500 for the entire stay
- Suite for two (2) adults with dining credit worth Php 4,500 for the entire stay
- Deluxe Seaview for two (2) adults with dining credit worth Php 4,500 for the entire stay
- Suite with Plunge Pool for two (2) adults
- Suite Seaview Room for two (2) adults
- Deluxe Seaview Room for two (2) adults

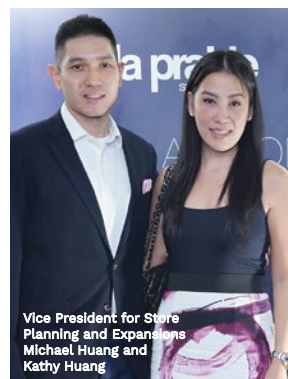
Per DTI-FTEB Permit No. 2130 Series of 2018

EVENTS

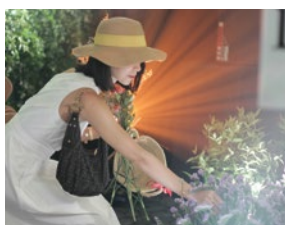
• SUNSHINE & SOIREES •

SPRING-SUMMER
2018

Celebrating milestones
and toasting new beginnings



BEAUTY AFICIONADOS and purveyors of the fine life gathered at the Conservatory of the Peninsula Manila to celebrate the 30th anniversary of La Prairie's famed Skin Caviar line. Crystal flutes clinked as select guests viewed captivating images on exhibit, which were created to capture the enigma and allure of caviar. When everyone was ushered into the main hall, a hush fell over as a beautiful tablescape inspired by La Prairie's silver and blue packaging was revealed.



THE MAKATI SHANGRI-LA was transformed into a sprawling garden in Provence the day L'Occitane launched its newest fragrance, Terre de Lumiere. Apart from the breathtaking

setup, guests were quick to take snaps of the artisanal booths where they created personalized plates as a keepsake for the day Provence was brought to the city.

Light Up Your Complexion!
Unique Acerola duo action
by Clarins.

WHITE PLUS
PURE TRANSLUCENCY

Spotless, healthy glow, fair.

Enjoy a spotless, fair complexion and healthy rosy glow with White Plus Serum. Clarins 22 years of whitening expertise introduces a unique scientific discovery of Acerola duo action, especially developed for Asian women's skin. Acerola fruit is proven to reduce melanin production for spotless complexion. The seeds enhance cell oxygenation to reveal the skin's rosy glow.



JOIN **94%**
OF ASIAN WOMEN
WHO SAW
IMPROVEMENT ON
THEIR COMPLEXION
WITH WHITE PLUS
SERUM!*

*Satisfaction test - 84 Asian women -
21 days of serum.

Acerola fruit extract
for spotless and fair complexion.

Acerola seed extract
for the healthy, rosy glow.

It's all about you.

CLARINS

ROUGE
COCO
lip blush



NEW FOR LIPS AND CHEEKS

CHANEL